

KANYINI VASCULAR COLLABORATION INDIGENOUS CAUCUS & 9th ANNUAL MEETING
Wardliparingga Board Room, Level 4 SAHMRI Building, North Terrace, Adelaide
Tuesday 17 and Wednesday 18 June 2014
MINUTES

SESSION ONE. WELCOME & TRANSLATION OF PREVIOUS RESEARCH OUTCOMES

1. Meeting Attendance

A list of those who participated in the KVC Indigenous Caucus and Annual Meeting is provided in Appendix A.

2. Welcome to Country

Welcome to Country was conducted by Uncle Lewis O'Brien (AO) who spoke of the Kurna people of the Adelaide plains as communicators and teachers, and commented that, "Our knowledge is our wealth".

3. Welcome and Introductions

Professor Alex Brown and Professor Alan Cass welcomed participants to the 9th Annual Meeting of the Kanyini Vascular Collaboration and provided a brief overview of the agenda and intended outcomes of the day.

4. Presentation: Polypill Study

Professor Anushka Patel presented the main findings of the Polypill Study, describing its hypotheses, study design, participant sites, baseline characteristics, primary outcomes and conclusions. She continued by describing the challenges associated with continuing to bring the polypill to market and suggested some potential directions for future research.

The powerpoint slideshow for the Polypill Study presentation is provided on the KVC website.

5. Presentation: Kanyini Qualitative Study

Dr Carol Davy presented an update of the status of the Kanyini Qualitative Study, focusing on the first three monographs from the study. She described the main finding of *Monograph One – Welcoming Spaces*, *Monograph Two – Remaining Engaged* and *Monograph Three – Care and Caring*, illustrating each with a brief selection of quotes from participants in the study.

The powerpoint slideshow for the Kanyini Qualitative Study presentation is provided on the KVC website.

SESSION TWO. EXPECTED ACHIEVEMENTS FROM CURRENT RESEARCH

6. Presentation: HOME Study

Associate Professor Deborah Askew and Ms Samantha Togni presented an update of the status of the HOME study (i.e. Home-based, Outreach case-study Management of chronic disease Exploratory study), first outlining its

aims, initial quantitative outcomes and expected future directions, before describing the preliminary analysis of participant interviews using quotes from participants to illustrate the emerging themes of the analysis. Ms Sonya Egert then introduced a participant in the study, Mr Vern Hopkins, who described his experiences of the HOME program and its associated research.

The powerpoint slideshow for the HOME Study presentation is provided on the KVC website.

7. Presentation: Wellbeing Model Study

Dr Carol Davy presented an update of the Wellbeing Model study (i.e. Towards a Wellbeing Model for Aboriginal and Torres Strait Islander Peoples Living with Chronic Disease), noting its aims and the main activities that have been completed for Stage One and Stage Two. Next she described the main findings of the Stage Two synthesis, using a selection of examples from the draft synthesis 'Principles'. She then relayed some of the feedback about the Principles that resulted from the Wellbeing Model Reference Group meeting held in May, before describing the upcoming activities associated with Stage Three of the study.

The powerpoint slideshow for the Wellbeing Model Study presentation is provided on the KVC website.

8. Presentation: Depression and Chronic Disease – Tool Validation Study

Associate Professor Maree Hackett presented an update of the Validation of a Depression Screening Tool for use with Aboriginal and Torres Strait Islander Australians Study, noting that depression is one of the leading causes of disability. She described the original PHQ-9 screening tool, adapted PHQ-9 wording and additional questions for use in Aboriginal and Torres Strait Islander communities. She then presented details of the validation study including its setting, design, participants, baseline assessment, measure for validation, primary and secondary outcomes and statistical analysis, as well as funding, timeframes and progress to date.

The powerpoint slideshow for the Tool Validation study is provided on the KVC website.

SESSION 3. BROADER PERSPECTIVES FROM RESEARCH PARTNERS

9. Presentation: The George Institute of Global Health

Professor Anushka Patel presented an overview of the Aboriginal and Torres Strait Islander chronic disease research program at The George Institute of Global Health, which primarily focuses on cardiometabolic conditions, depression, injury prevention and foetal alcohol spectrum disorder. She described in more detail a specific randomised controlled trial (RCT) of an electronic decision support for the treatment of cardiovascular disease risk called the TORPEDO Cluster RCT.

The powerpoint slideshow for the The George Institute overview is provided on the KVC website.

10. Presentation: Menzies School of Health Research

Professor Alan Cass presented an overview of the chronic disease research being undertaken by the Menzies School of Health Research. He provided selected examples to describe Menzies' four research divisions: Global Tropical Health, Child Health, Epidemiology and Health Systems, and Wellbeing and Preventable Chronic Diseases, with particular emphasis on the latter. The Wellbeing and Preventable Chronic Diseases division comprises a range of research programs focusing on nutrition, clinical (e.g. diabetes), tobacco, mental health/alcohol and other drugs/addictive behaviour, and renal health.

The powerpoint slideshow for the Menzies School of Health Research overview is provided on the KVC website.

11. Presentation: South Australian Health and Medical Research Institute

Professor Alex Brown presented an overview of research being undertaken at the South Australian Health and Medical Research Institute (SAHMRI), noting the seven research themes around which the institute has been formed: Aboriginal Health; Cancer; Healthy Mothers, Babies and Children; Heart Health; Infection and Immunity; Mind and Brain; and Nutrition and Metabolism. He also briefly identified the range of research projects being undertaken within Wardliparingga Aboriginal Health Unit that focus on chronic disease.

For further information about Wardliparingga and SAHMRI, please visit www.sahmri.com.

12. Presentation: Indigenous Caucus Feedback

The KVC Indigenous Caucus met on Tuesday 17 June to guide the strategic direction and priorities of the KVC. Professor Alex Brown presented the outcomes of the KVC Indigenous Caucus as a lead in to the KVC Annual Meeting's afternoon discussion regarding possible future directions for the KVC. He noted that Caucus discussions focused on celebrating the KVC's successes to date and exploring options for continuing the KVC into the future. While a range of options were discussed in anticipation of group discussion, the main priorities identified by the Indigenous Caucus included: sustainable funding; maintaining the network; capacity development; knowledge translation and exchange; and a continuation of specific project work, whether by expanding existing projects or developing in new directions.

The powerpoint slideshow for the KVC Indigenous Caucus summary is provided on the KVC website.

SESSION 4. WORKING TOWARDS THE FUTURE

13. Full Group Discussion – Priorities for KVC and Future Directions

The final afternoon session involved a full group discussion. The main conclusions of the discussion were to keep the KVC going and seek (as a minimum) enough funding to maintain stakeholder engagement activities. It was also agreed that the Indigenous Caucus should continue to set the priorities of the KVC. Furthermore, before the end of the current funding, a briefing document should be developed outlining the successes of the KVC to date in order to approach potential future funding sources.

This summary, a note of other discussion points during Session Four is provided on the KVC website.

Appendix A

KVC Indigenous Caucus – Tuesday 17 June 2014

Tim Agius – Maari Ma Health Aboriginal Corporation
Alex Brown – Wardliparingga, South Australian Health and Medical Research Institute
Desley Deshong – Inala Indigenous Health Service
Anna Dowling – Wardliparingga, South Australian Health and Medical Research Institute
Anne-Marie Eades – The George Institute of Global Health
Noel Hayman – Inala Indigenous Health Service
Elaine Kite – Wardliparingga, South Australian Health and Medical Research Institute
Chris Lawrence – The George Institute of Global Health
Darryl Wright – Tharawal Aboriginal Corporation

KVC Annual Meeting – Wednesday 18 June 2014

Deborah Askew – Inala Indigenous Health Service
Alex Brown – Wardliparingga, South Australian Health and Medical Research Institute
Alan Cass – The George Institute/Menzies School of Health
Carol Davy – Wardliparingga, South Australian Health and Medical Research Institute
Desley Deshong – Inala Indigenous Health Service
Anna Dowling – Wardliparingga, South Australian Health and Medical Research Institute
Anne-Marie Eades – The George Institute of Global Health
Sonya Egert – Inala Indigenous Health Service
Sara Farnbach – The George Institute of Global Health
Gillian Gorham – Menzies School of Health Research
Maree Hackett – The George Institute of Global Health
Vern Hopkins – Inala Indigenous Health Service (Community member)
Suzanne Ingram – The George Institute of Global Health
Niall Johnson – Australian Commission on Safety and Quality in Health Care
Cath Kennedy – Maari Ma Health Aboriginal Corporation
Elaine Kite – Wardliparingga, South Australian Health and Medical Research Institute
Chris Lawrence – The George Institute of Global Health
Vlad Matic – Wuchopperen Health Service (via Teleconference)
Anushka Patel – The George Institute of Global Health
Ian Ring – University of Wollongong
Lynne Rogers – Inala Indigenous Health Service
Joanna Schwarzman – Aboriginal Medical Services Alliance Northern Territory
Nadeem Siddiqui – Winnunga Nimmityjah Aboriginal Health Service
Pam Simon – Tharawal Aboriginal Corporation
Leda Sivak – Wardliparingga, South Australian Health and Medical Research Institute
Timothy Skinner – Charles Darwin University
Samantha Togni – Baker IDI Heart and Diabetes Institute
Andrew Tonkin – Monash University
Tim Usherwood – AMS Western Sydney
Vicki Wade – The Heart Foundation
Rebecca Wanganeen – Aboriginal Medical Services Alliance Northern Territory
Lesley Woolf – Danila Dilba Health Services